



Cafe Stepping Stone

CATERING MENU 2019



DIPS

All dips come with a selection of carrots,
celery and homemade pita bread

Baba Ganoush

Spiced and smoky eggplant dip

Beetroot Hummus

Tangy and sweet chickpea dip

Grilled Red Pepper

Spicy chargrilled red pepper dip

Gucamole

Smashed avocado mixed with tomatoes, onion,
lime, garlic + Coriander

Creamy Sun Dried Tomato+ Pesto

A mix of creamy cheese, greek yogurt and sun
dried tomatoes topped with a basil pesto

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SMALL BITES

A selection of plates that can be serve as
canepes, on platers or for starters

Mango Ceviche

Sliced mangoes marinated in lime, chilli and
coriander + Platanitos

Palm Heart Ceviche

Palm hearts marinated in lime, garlic,
Corinader with fresh onion and tomatos +
Platanitos

Curried Vegetable Empanadas

Large empanadas stuffed with curried local
root vegetables + a minted yoghurt

Piri Piri Chicken Empanadas

Large empanadas stuffed with shredded piri
piri chicken

Rice Paper Rolls

Rice paper filled with portobello mushrooms,
fresh vegetables, herbs, rice noodles + a spicy
peanut sauce

San Choy Bau

Lettuce cup filled with a mushrooms + veggie
stir fry in a soy ginger sauce



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SALADS

Tabbouleh

Our take on a traditional tabbouleh with cous cous, parsley, mint, tomatoes + onions

Fattoush

A mix of cucumber, tomatoes, radishes, greens, herbs and toasted pita bread in a vibrant lime dressing

Roasted vegetable

Galic roasted potatoes, zucchini, yuca + tomatoes mixed with leafy greens and herbs served with a roasted red pepper sauce.

Rainbow salad

Shredded carrot, cabbage, beetroot, celery, leafy greens + avocado topped with feta, herbs + toasted seeds in a mustard dressing

Asian noodle

Thinly sliced veggies tossed with rice noodles in a soy and ginger dressing

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PROTEIN

This section is meant to accompany the salads and dips. All proteins are served on platters

Falafel

Fried, spiced chickpea balls

Quinoa + cauliflower patties

Veggie patties made of quinoa, cauliflower, ricotta and herbs.

Veggie Skewers

Seasonal veggies marinated in chimichurri, chargrilled + served on skewers

Beef Kofta

Cumin and herb spiced beef, chargrilled + served on skewers

Piri Piri Chicken

Chargrilled chicken marinated in a spicy piri piri sauce topped with a garlic sauce